## A, Nonymous

\#TH\&F05
Date and Time: 30.06.2011 09:55
Age: 34.0
Sex: female
Address:
Functional state estimation
Moderate impairment of the regulatory systems


Ladder diagram of states - estimation of regulatory systems functional states in points

Estimation of the regulatory systems activity

| Functional maintenance level |  |
| :--- | :--- |
| Marked tachycardia | 2 |
| Regulation stability |  |
| Normal heart rhythm stability | 0 |
| Vegetative homeostasis |  |
| Marked predominance of sympathetic system | 2 |
| Activity of sympathetic cardiovascular centre |  |
| Marked vascular centre activity increase |  |
| Centization of control rate |  |
| Marked increase of activity of central regulation <br> levels | 2 |

## ECG (I lead)




General parameters of the heart rate variability

| Name | Value | Norm |
| :--- | :--- | :--- |
| Heart rate (HR), bpm | $86^{* *}$ | $60-75$ |
| Standard deviation (SDNN), ms | 31.0 | $30-69$ |
| Coefficient of variation (CV), \% | 4.4 | $3-12$ |
| Stress index (Sl), comp.un. | $206^{\star}$ | $70-150$ |
| Index of centralization (IC), comp.un. | $11.3^{* *}$ | $0.9-2.0$ |
| IARS, comp.un. | $(8,0)$ | $8^{* *}$ |
| Nr. of arrythrnias (NA.rr), \% | 0.0 | $0-0.5$ |
| Performance HF, \% | $8.1^{* *}$ | $20-39$ |
| Performance LF, \% | $78.1^{* *}$ | $15-39$ |
| Performance VLF, \% | $13.7^{\star}$ | $15-39$ |
| TP, ms $^{2}$ | $919^{\star}$ | $1000-2000$ |

## Conclusion

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## A, Nonymous

\# TH\&F05/2
Date and Time: 11.08.2011 09:46
Age: 34.0
Sex: female
Address:
Functional state estimation
Moderate functional load


Ladder diagram of states - estimation of regulatory systems functional states in points

Estimation of the regulatory systems activity

| Functional maintenance level |  |
| :---: | :---: |
| Normocardia | 0 |
| Regulation stability |  |
| Moderate heart variability increase | -1 |
| Vegetative homeostasis |  |
| Normal vegetative balance | 0 |
| Activity of sympathetic cardiovascular centre |  |
| Moderate vascular centre activity increase | 1 |
| Centralization of control rate |  |
| High activity of central regulation levels | 1 |


General parameters of the heart rate variability

| Name | Value | Norm |
| :--- | :--- | :--- |
| Heart rate (HR), bpm | 73 | $60-75$ |
| Standard deviation (SDNN), ms | 48.9 | $30-69$ |
| Coefficient of variation (CV), \% | 5.9 | $3-12$ |
| Stress index (Sl), comp.un. | 92 | $70-150$ |
| Index of centralization (IC), comp.un. | $3.6^{*}$ | $0.9-2.0$ |
| IARS, comp.un. | $(2,-1)$ | 3 |
| Nr. of arrythrnias (NArr), \% | $0.6^{*}$ | $0-0.5$ |
| Performance HF, \% | 21.6 | $20-39$ |
| Performance LF, \% | $52.9^{*}$ | $15-39$ |
| Performance VLF, \% | 25.5 | $15-39$ |
| TP, ms ${ }^{2}$ | $2253^{*}$ | $1000-2000$ |

## Conclusion

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## A, Nonymous

\#TH\&F05/8
Date and Time: 15.04.2013 08:16
Age: 35.0
Sex: female
Address:
Functional state estimation
Moderate functional load


Ladder diagram of states - estimation of regulatory systems functional states in points

Estimation of the regulatory systems activity

| Functional maintenance level |  |
| :--- | :--- |
| Moderate tachycardia | $\mathbf{1}$ |
| Regulation stability |  |
| Normal heart rhythm stability | $\mathbf{0}$ |
| Vegetative homeostasis |  |
| Normal vegetative balance | 0 |
| Activity of sympathetic cardiovascular centre |  |
| Moderate vascular centre activity increase | $\mathbf{1}$ |
| Centralization of control rate |  |
| High activity of central regulation levels | $\mathbf{1}$ |




General parameters of the heart rate variability

| Name | Value | Norm |
| :--- | :--- | :--- |
| Heart rate (HR), bpm | $77^{\star}$ | $60-75$ |
| Standard deviation (SDNN), ms | 49.1 | $30-69$ |
| Coefficient of variation (CV), \% | 6.3 | $3-12$ |
| Stress index (Sl), comp.un. | 88 | $70-150$ |
| Index of centralization (IC), comp.un. | $2.8^{\star}$ | $0.9-2.0$ |
| IARS, comp.un. | $(3,0)$ | 3 |
| Nr. of arrythmias (NArr), \% | 0.0 | $0-0.5$ |
| Performance HF, \% | 26.3 | $20-39$ |
| Performance LF, \% | $58.0^{\star}$ | $15-39$ |
| Performance VLF, \% | 15.7 | $15-39$ |
| TP, ms $^{2}$ | $2312^{\star}$ | $1000-2000$ |

## Conclusion

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0.40 .50 .60 .70 .80 .91 .01 .11 .21 .31 .41 .51 .6


